HOT BEVERAGES

Coffee	SHORT	TALL	Tea Five Roses	25.00
Cappucino Cappucino Double Caffè Latte Caffè Latte Double Caffè Mocha	32.00 37.00 37.00	35.00 39.00 35.00 39.00 40.00	Earl Grey tea Chamomile Rooibos tea Green tea Hot water, lemon & honey	25.00 25.00 21.00 25.00 18.00
Espresso Espresso Double Americano Cortado Cortado Double Macchiato	24.00 28.00 28.00 28.00 32.00 28.00		Red espresso Red espresso Red cappuccino Red latte	27.00 35.00 35.00
Macchiato Double Dirty Chai Dirty Chai Double	32.00 47.00 55.00	00.00	Other hot options Hot chocolate Hot choc skinny White hot choc	36.00 40.00 40.00

28.00



All coffees are available in decaf

Filter coffee

plus one refill

liquidconcepts'

Spicy chai

Flavoured coffee

Cappuccino

Gingerbread

Milo

Latte

Brownie

Florentine

Fresh orange juice is seasonal &

subject to availability

40.00

40.00

46.00 46.00

55.00

50.00

50.00

COLD BEVERAGES

Soda cans	21.00	Smoothies				
Tizers	26.00	Breakfast buzz	65.00			
Lipton iced teas	24.00	Blueberries, coconut milk, date				
Still water	16.00	banana & peanut bu	banana & peanut butter			
Sparkling water	19.00	Go green	65.00			
reezos	55.00	Pineapple, apple juic				
Coffee, Black vanilla,			cucumber, mint & banana			
Salted caramel, Cho	colate,	Peanut butter bom	65.00			
Vilkshakes	42.00	Peanut butter, banana, dates, coconut milk & cashew nuts Strawberry burst 65.00				
Vanilla, Strawberry, C	hocolate,					
Banana, Bubblegum,	Coffee,	Strawberry burst Strawberries, yoghurt,				
Lime		juice & banana	арріс			
Gourmet milkshakes	55.00	Vitamin C	65.00			
Brownie, Black Forest,	Gingerbread,	Mango, pineapple, carrot				
Salted caramel		juice & orange juice				
		Fresh pressed juices	40.00			
		Fresh orange juice	40.00			



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BREAKFAST

Daybreak breakfast 69.00

Choice of toast topped with bacon, spinach & 2 poached eggs

Fournos breakfast 99.00

2 eggs, bacon/macon, chips, 3 sausages (beef or cheese griller) and toast

Light breakfast 78.00

1 egg, 3 sausages (beef or cheese griller) and toast

Omelette 75.00

3 egg omelette with mozzarella or cheddar, served with chips and toast (fillings of your choice extra)

Spanish omelette 90.00

3 egg open omelette, sundried tomato, olives and feta cheese topped with fresh rocket

Salmon omelette 105.00

3 egg omelette, spring onion, smoked salmon, cream cheese and avocado

Rosti breakfast 105.00

Potato rosti with bacon, spinach, feta, and avo topped with a poached egg

Salmon rosti 115.00

Smoked salmon, potato rosti with avo salsa and cream cheese

Chicken livers 79.00

Spiced pan fried chicken livers with a whole grain mustard crème fraiche sauce topped with poached eggs and toast

Savoury crepes 85.00

2 crepes filled with creamy ham and mushroom sauce topped with 2 poached eggs and drizzled with basil pesto

Mince on toast 59.00

Topped with fried or poached egg

Shakshuka 75.00

2 poached eggs in a tomato, chilli, onion and herb sauce, served with toast

Smashed avo 55.00

Smashed avo, feta and a poached egg, served with toast

Breakfast croissant 60.00

Toasted croissant filled with bacon and a choice of scrambled or fried eggs

Fournos benedict 92.00

- Spinach and Feta
- Bacon

2 poached eggs on a toasted roll, topped with a light hollandaise sauce

Rolled oats 60.00

Rolled oats topped with:

- Peanut butter and banana
- Toasted almonds and honey

Butterscotch oats 65.00 @

Steeped oats, almond milk, butterscotch drizzle and

auinoa crunch

Granola bowl 95.00 🗑

Vegan granola, coconut yoghurt and fruit with Vegan "Hunny"

Extras:

Tomato (fresh or grilled)	9.00
Full portion of chips	33.50
Spinach	24.00
Spinach and feta	33.00
Avocado (seasonal)	33.00
Grilled mushrooms	22.00
Grilled halloumi	35.00
Ham or bacon	27.00
Macon	33.00
Smoked salmon	54.00
Mozzarella or cheddar cheese	22.00
Beef sausage or cheese griller	28.50
Scrambled eggs & toast	35.00
Single egg (fried or poached)	9.00



WANT IT TOASTED

	SUITUWICIT	CIOISSUIII	IIGITIEZZITII	
Cheese*	58.00	65.00	75.00	
Cheese* & tomato	60.00	69.00	79.00	
Ham & cheese*	79.00	86.00	92.00	
Ham, cheese* & tomato	82.00	89.00	95.00	
Chicken mayonnaise	65.00	75.00	85.00	
Bacon & cheese*	82.00	89.00	95.00	
Bacon & egg	79.00	85.00	90.00	
Bacon & avo	79.00	86.00	92.00	
Spinach, feta, olive & artichoke	79.00	86.00	90.00	
Grilled veg, mozzarella & basil pesto	82.00	89.00	95.00	

*Cheddar or mozzarella

Sandwich Croissant Tramozzini

All toasted treats are served with chips or a side salad Fresh avo subject to availability



BURGERS

All burgers served on a Brioche bun with chips

Beef burger 95.00

150g pure beef patty served with pickled red onion, lettuce and homemade burger sauce

Vegetarian burger 95.00

150g falafel patty served with pickled red onion, rocket and tzatziki

Grilled chicken burger 90.00

Grilled deboned chicken breast served with pickled red onion, rocket and homemade burger sauce

Chicken prego roll 85.00

Grilled deboned chicken breast, dipped in house prego sauce, served on a Portuguese roll

SALADS

Avo, Feta and bacon 92.00

Avo, Feta and bacon, with mixed leaves, cucumber, red onions, and tomatoes with a sweet chili sauce

Butternut and halloumi 92.00

Butternut, pumpkin seed, halloumi with mixed leaves, rcucumber, red onions and tomatoes with pesto

Chicken and peppadew 92.00

Roasted chicken and peppadew with mixed leaves, cucumber, red onions and tomatoes with aioli

Avo, Feta and chicken 92.00

Avo, Feta and chicken with mixed leaves, cucumber, red onions, and tomatoes with a sweet chili sauce

Greek Salad 65.00

Feta cheese, olives, mixed leaves, red onions, tomatoes and cucumber with an olive oil vinaigrette Add chicken 22.00

Photos are for illustrative purposes only All prices include VAT

WRAPS

Wraps 98.00

Choice of one of the following:

- Avo, feta & bacon
- Avo, feta & chicken
- Roasted chicken & peppadew
- Butternut, pumpkin seed
 & halloumi

Our salad dressings & sauces are all homemade

Fresh avo subject to availability

Wrappinni 105.00

Folded toasted wrap filled with grilled veg, pastrami and cheddar, served with a light creamy tomato and chilli sauce and chips

Greek wrap 65.00

Feta cheese, olives, mixed leaves, red onions, cherry tomatoes & cucumber with a olive oil vinaigrette Add chicken 22.00

FAVOURITES

Grilled chicken breast

Marinated with olive oil, garlic and herbs, served with chips or salad

- 120gr 62.00
- 240gr 79.00

Half spit roasted chicken 92.00

With fresh rosemary, onion, garlic and salt, served with chips or salad

Quiche of the day 89.00 Served with chips or salad

corved will or ipo or baida

Classic pie of the day 60.00 Served with chips or salad

Peri-peri chicken livers 68.00 Served with a toasted Portuguese roll

Chicken trinchado 85.00

Grilled chicken breast and mushrooms, served in a creamy Napolitana sauce drizzled with basil pesto served with toasted Portuguese roll

Crepe parcels 69.00

2 crepes with a savoury filling of your choice, topped with melted cheddar, a dollop of mascarpone and sided with a fresh salsa:

- Savoury mince
- Roast chicken mayonnaise
- Spinach and Feta



Reuben sandwich 109.00

Grilled honey mustard pastrami, emmenthal cheese, aioli, peppadew and gherkins

Bruschetta 65.00

Two slices of toasted ciabatta with a topping of your choice served with a side salad

- Roast beef and red onion marmalade
- Mozzarella, tomato and basil
 Grilled veg and balsamic drizzle
- Chicken breast with feta, olive and tzatziki
- Bacon, tomato & mozzarella cheese

Salmon bagel 125.00

Smoked salmon, cream cheese, red onion, sliced tomato and mixed lettuce

BBQ Jack 79.00 W

Toasted panini filled with pulled BBQ jackfruit, coleslaw, mustard, grilled baby marrow and rocket

Hot Buddha bowl 85.00 €

Spiced and charred cauliflower, broccoli and carrot, served on a bed of quinoa and baby spinach, topped with avo, pumpkin seeds and a drizzle of vegan mayo

PASTA

Gluten free pea pasta available @ 10.00 extra

Pasta Napolitana 84.00

A fresh tomato and basil sauce

Pasta Bolognaise 94.00

Slow braised beef mince with a fresh tomato and basil sauce

Polo Con Pesto 98.00

Grilled chicken strips with a creamy tomato pesto sauce

Pasta Alfredo 98.00

Creamy ham or chicken and mushroom sauce